FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response... 0.5

longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses)												
1. Name and Address of Reporting Person * ROBERTS JOHN T JR		2. Issuer Name and AMB PROPERT			~ .	ol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
C/O AAAD DD ODED TAY CODDOD ATIOM DIED		3. Date of Earliest T 03/16/2006	ransaction (Mont	th/Day/Ye	ear)	X_Officer (give title below) Other (specify below) Executive VP					
(Street) SAN FRANCISCO, CA 94111	4	4. If Amendment, D	ate Original	Filed	d(Month/Day	/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip	p)	r.	Гable I - No	on-De	erivative	Securiti	es Acqui	ired, Disposed of, or Beneficially Ow	ned			
1.Title of Security (Instr. 3) 2. Transactic Date (Month/Day/		2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
			Code	V	Amount	(A) or (D) Price			or Indirect (I) (Instr. 4)	(Instr. 4)		
Common Stock 03/16/	2006		M		2,200	A	\$ 26.29	220,244	I	Family Trust		
Common Stock 03/16/	2006		S		2,200	D	\$ 55.64	218,044	I	Family Trust		
Common Stock 03/16/	2006		M		1,200	A	\$ 26.29	219,244	I	Family Trust		
Common Stock 03/16/	2006		S		1,200	D	\$ 55.65	218,044	I	Family Trust		
Common Stock 03/16/	2006		M		500	A	\$ 26.29	218,544	I	Family Trust		
Common Stock 03/16/	2006		S		500	D	\$ 55.66	218,044	I	Family Trust		
Common Stock 03/16/	2006		M		300	A	\$ 26.29	218,344	I	Family Trust		
Common Stock 03/16/	2006		S		300	D	\$ 55.67	218,044	I	Family Trust		
Common Stock 03/16/	2006		M		200	A	\$ 26.29	218,244	I	Family Trust		
Common Stock 03/16/	2006		S		200	D	\$ 55.68	218,044	I	Family Trust		
Common Stock 03/16/	2006		M		100	A	\$ 26.29	218,144	I	Family Trust		
Common Stock 03/16/	2006		S		100	D	\$ 55.71	218,044	I	Family Trust		
Common Stock 03/16/	2006		M		200	A	\$ 26.29	218,244	I	Family Trust		
Common Stock 03/16/	2006		S ⁽¹⁾		200	D	\$ 55.72	218,044 (2)	Ι	Family Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if	Code	tion of Derivative		ivative urities uired or bosed D) tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date		Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		М			2,200	(3)	02/26/2012	Common	2,200	<u>(4)</u>	125,139	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		М			1,200	(3)	02/26/2012	Common	1,200	<u>(4)</u>	123,939	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		М			500	(3)	02/26/2012	Common	500	<u>(4)</u>	123,439	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		М			300	(3)	02/26/2012	Common	300	<u>(4)</u>	123,139	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		M			200	(3)	02/26/2012	Common	200	<u>(4)</u>	122,939	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		М			100	(3)	02/26/2012	Common	100	<u>(4)</u>	122,839	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 26.29	03/16/2006		М			200	(3)	02/26/2012	Common	200	<u>(4)</u>	122,639	I	Family Trust

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
ROBERTS JOHN T JR C/O AMB PROPERTY CORPORATION PIER 1, BAY 1 SAN FRANCISCO, CA 94111			Executive VP				

Signatures

/s/ Tamra Browne pursuant to a power of attorney dated 01/15/2003	03/20/2006			
**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These sales are being made pursuant to a previously adopted plan intended to comply with Rule 10b5-1(c) of the Securities Exchange Act of 1934. This 10b5-1 plan was adopted on January 27, 2006.
- (2) Of the 218,044 securities beneficially owned, 32,257 are held directly (D), 136,532 are indirectly (I) owned through the Roberts Family Trust, 690 securities are indirectly held through custodial accounts for children and 48,565 securities are held indirectly (I) through a rabbi trust pursuant to the Amended and Restated AMB Nonqualified Deferred Compensation Plan.
- (3) One-third of the shares subject to the option vest and become exerciseable annually on January 1. The shares vested fully on January 1, 2005.
- (4) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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