FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

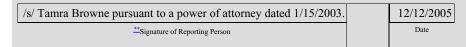
(Print or Typ	e Responses)												
1. Name and Address of Reporting Person* ROBERTS JOHN T JR				2. Issuer Name ar AMB PROPER		ool	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner							
C/O AMI	B PROPER	(First) RTY CORPORA	THE PARTY	3. Date of Earliest 7 12/08/2005	Γransactio	n (Mo	nth/Day/Y	Year)		X_ Officer (giv		xecutive VP	her (specify bel	ow)
(Street)				4. If Amendment, I	ed(Month/D	ay/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person							
		, CA 94111												
(City	·)	(State)	(Zip)		Table I -	Non-l	Derivativ	e Securit	ies Acqu	ired, Disposed	of, or Bene	eficially Ow	ned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	(Instr. 8)		(A) or	Disposed 3, 4 and 5	of (D)				Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
					Code	v	Amour	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		12/08/2005		М		8,732	A	\$ 24.6	194,852			I	Family Trust
Common	Stock		12/08/2005		S		8,732	D	\$ 50	186,120			I	Family Trust
Common	Stock		12/08/2005		M		100	A	\$ 24.6	186,220			I	Family Trust
Common	Stock		12/08/2005		S		100	D	\$ 50.01	186,120			I	Family Trust
Common	Stock		12/08/2005		М		4,200	A	\$ 24.6	190,320			I	Family Trust
Common	Stock		12/08/2005		S		4,200	D	\$ 50.04	186,120			I	Family Trust
Common	Stock		12/08/2005		М		662	A	\$ 24.6	186,782			I	Family Trust
Common	Stock		12/08/2005		S		662	D	\$ 50.05	186,120			I	Family Trust
Common	Stock		12/08/2005		М		2,000	A	\$ 24.6	188,120			I	Family Trust
Common Stock		12/08/2005		S ⁽¹⁾		2,000	D	\$ 50.1	186,120 (2)			I	Family Trust	
Reminder: I	Report on a se	eparate line for each	n class of securities	beneficially owned	directly or	_	-							
						in t	his form	are not	require	e collection on the collection of the condomical of the control of	unless the		ned SEC	1474 (9-02)
				Derivative Securi (e.g., puts, calls, w						Owned				
Security (Instr. 3) Pr	Conversion	3. Transaction Date (Month/Day/Year	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. N f Transaction of Code Der (Instr. 8) Sec (A) Diss of (i	exactive wative prities aired or osed D) r. 3, 4,		Exercisal tion Date	Exercisable and on Date Day/Year)		e and Amount lerlying ties 3 and 4)	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Securit Direct or India	Ownersi (Instr. 4) (D)
				Code V (A)	E	Date Exercis	Exp sable Date	iration e	Title	Amount or Number of Shares				

Non- Qualified Stock Option (right to buy)	\$ 24.6	12/08/2005	М	8,73	2 (3)	Ţ	02/27/2011	Common	8,732	<u>(4)</u>	395,484	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 24.6	12/08/2005	M	100	(3)	Ţ	02/27/2011	Common	100	<u>(4)</u>	395,384	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 24.6	12/08/2005	M	4,20	0 (3)	Ĺ	02/27/2011	Common	4,200	<u>(4)</u>	391,184	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 24.6	12/08/2005	M	66.	(3)	Ţ	02/27/2011	Common	662	<u>(4)</u>	390,522	I	Family Trust
Non- Qualified Stock Option (right to buy)	\$ 24.6	12/08/2005	M	2,00	0 (3)	1	02/27/2011	Common	2,000	<u>(4)</u>	388,522	I	Family Trust

Reporting Owners

Relationships						
Director	10% Owner	Officer	Other			
		Executive VP				
Ι	Director	Director 10%	Director Owner Officer			

Signatures



Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These sales are being made pursuant to a previously adopted plan intended to comply with Rule 10b5-1(c) of the Securities Exchange Act of 1934. This 10b5-1 plan was adopted on October 14, 2005.
- Of the 186,120 securities beneficially owned, 152,856 are indirectly (I) owned through the Roberts Family Trust, 690 securities are indirectly held through custodial accounts for children and 32,574 securities are held indirectly (I) through a rabbi trust pursuant to the Amended and Restated AMB Nonqualified Deferred Compensation Plan.
- (3) One-third of the shares subject to the option vest and become exerciseable annually on January 1. The shares vested fully on January 1, 2004.
- (4) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.