FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses)	1														
1. Name and FRIES DA		Reporting Person*					d Ticker TY CO		~ .	ol	5	5. Relationshi		k all applical		
C/O AMB		TY CORPORA	TION DIED	3. Date o 03/12/2			Γransactio	on (Montl	h/Day/Ye	ear)		X Officer (gi			her (specify belo	ow)
	NCISCO,	(Street)		4. If Ame	endm	ent, I	Date Origi	nal Filed	(Month/Day	/Year)		6. Individual of X_Form filed byForm filed by		Person	- 1	ne)
(City)		(State)	(Zip)				Table I	- Non-De	erivative	Securition	es Acquir	red, Disposed	of, or Bene	ficially Owi	ned	
1.Title of Se (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)		on D	ate, it	(Instr. 8		(A) or D	ities Acquisposed of 4 and 5)	of (D)	5. Amount of Owned Follor Transaction(s	wing Reporte)		Form:	7. Nature of Indirect Beneficial
			(Month/Day/Year)		Code	V	Amount (A) or (D) Price			(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock		03/12/2004				X	V	65,000	A	\$ 23	186,371			D		
Common Stock		03/12/2004				S		11,200	D	\$ 35.75	175,171		D			
Common Stock		03/12/2004			S		53,200	D	\$ 35.8	121,971		D				
Common Stock			03/12/2004			S		200	D	\$ 35.82	121,771		D			
Common Stock		03/12/2004			S		400	D	\$ 35.85	121,371 (1)		D				
Reminder: R	Leport on a se	parate line for each	class of securities b	eneficial	ly ow	vned o	directly or	_	-		•				•	
								in this	s form a	re not r	equired	collection to respond I number.				1474 (9-02)
			Table II -				ties Acqu					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)		4. f Transaction Code		5. N of D Secu Acq or D of (I	erivative prities uired (A) pisposed (D) tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title of Undo Securit		Security (Instr. 5)	Derivative Securities Beneficiall Owned Following Reported Transaction	Owners Form of Derivat Security Direct (or Indir	Owners (Instr. 4) (D) ect	
				Code	V	(A)	(D)	Date Exercisa	Exp able Date	iration	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4	
Stock Option (Right to Purchase)	\$ 23	03/12/2004		X	V		65,000	(2)	05/	01/2008	Comn	non ck 65,000	(3)	467,01	4 D	

Reporting Owners

		Relat	ionships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
FRIES DAVID S C/O AMB PROPERTY CORPORATION PIER 1, BAY 1 SAN FRANCISCO, CA 94111			Executive VP	

Signatures

/s/ Tamra D. Browne pursuant to a Power of Attorney dated 01/15/2003	03/15/2004
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Of the 121,371 securities beneficially owned, 80,157 are directly owned (D) and 41,214 securities are held indirectly (I) through a rabbi trust pursuant to the Amended and Restated AMB Nonqualified Deferred Compensation Plan.
- (2) One-fourth of the shares subject to the option vested and became exercisable annually on the anniversary of the grant date beginning May 1, 1999. The shares became fully-vested on May 1, 2002.
- (3) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.