| FORM | 4 |
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| Check this box if no |
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| longer subject to |
| Section 16. Form 4 or |
| Form 5 obligations |
| may continue. See |
| Instruction 1(b). |

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses) | | | | | | | | | | | | |
|--|--|--|--------------------|-------------|---|---|--|---|--|---|---|--|
| 1. Name and Address of R FRIES DAVID S | 2. Issuer Name and AMB PROPERT | | | - · | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director10% Owner | | | | | | |
| (Last) C/O AMB PROPERT BAY 1 | 3. Date of Earliest Transaction (Month/Day/Year) 01/27/2004 | | | | | | XOfficer (give title below) Other (specify below) Executive VP | | | | | |
| SAN FRANCISCO, | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) | (Zip) | | Table I - N | on-D | erivative | Securiti | ies Acqui | ired, Disposed of, or Beneficially Owned | | | |
| 1.Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Ye | | | Execution Date, if | (Instr. 8) | ion 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | | of (D) | Owned Following Reported Transaction(s) | Ownership Form: Of Indirect Beneficia | 7. Nature of Indirect Beneficial Ownership | |
| | | | (Wohll/Day/Tear) | Code | v | Amount | (A) or (D) | Price | (IIISU: 5 and 4) | or Indirect (I) (Instr. 4) | | |
| Common Stock (1) | | 01/27/2004 | | А | | 4,076 | А | \$ 35.26 | 105,489 | D | | |
| Common Stock (2) 01/27/2004 | | | А | | 15,882 | А | \$ 35.26 | 121,371 (3) | D | | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | |
|--|------------|--------------------------|--|------|-----------|--|-----|---|--------------------|--|--|--------------------------------------|--|---|------------|
| Derivative Security | Conversion | Date (Month/Day/Year) | | Code | tion) | 5. Number 6. Dat of Derivative Expira | | 6. Date Exercisable and Expiration Date | | 7. Title and Amount of Underlying Securities | | Derivative Security (Instr. 5) | Securities Beneficially Owned Following Reported Transaction(s) | Ownership Form of Derivative Security: Direct (D) or Indirect (I) | Beneficial |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | (Instr. 4) | (Instr. 4) | |
| Stock Option (Right to Purchase) | \$ 35.26 | 01/27/2004 | | A | | 33,980 | | <u>(4)</u> | 01/27/2014 | Common Stock | 33,980 | <u>(5)</u> | 523,823 | D | |
| Stock Option (Right to Purchase) | \$ 35.26 | 01/27/2004 | | А | | 6,068 | | 01/27/2004 | 01/27/2014 | Common Stock | 6,068 | <u>(5)</u> | 529,891 | D | |
| Stock Option (Right to Purchase) | \$ 35.26 | 01/27/2004 | | А | | 2,123 | | <u>(4)</u> | 01/27/2014 | Common Stock | 2,123 | <u>(5)</u> | 532,014 | D | |

Reporting Owners

| | Relationships | | | | | | | |
|---|---------------|--------------|--------------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| FRIES DAVID S C/O AMB PROPERTY CORPORATION PIER 1, BAY 1 SAN FRANCISCO, CA 94111 | | | Executive VP | | | | | |

Signatures

| /s/ Tamra D. Browne pursuant to a Power of Attorney dated 1/15/2003 | 01/29/2004 |
|---|------------|
| Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were granted pursuant to the Company's 2002 Stock Option and Incentive Plan and are subject to a repurchase right held by AMB Property Corporation, which lapses as to one-third of such shares annually on January 1. The repurchase right lapses fully on January 1, 2007.
- (2) Shares were granted pursuant to the Company's 2002 Stock Option and Incentive Plan and are subject to a repurchase right held by AMB Property Corporation, which lapses as to one-fifth of such shares annually on January 1. The repurchase right lapses fully on January 1, 2009.
- (3) Of the 121,371 securities beneficially owned, 80,157 are directly owned (D) and 41,214 securities are held indirectly (I) through a rabbi trust pursuant to the Amended and Restated AMB Nonqualified Deferred Compensation Plan.
- (4) One-third of the shares subject to the option vest and become exerciseable annually on January 1. The shares vest fully on January 1, 2007.
- (5) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.